

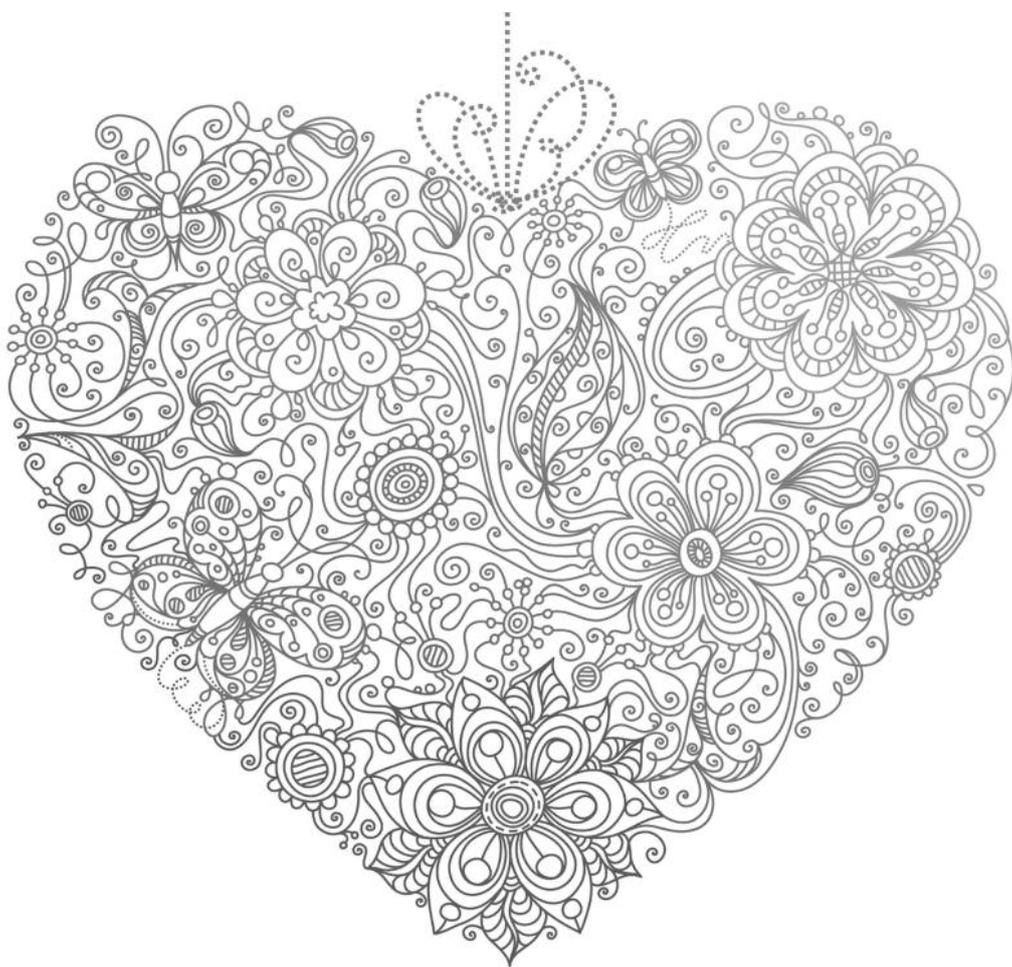


MARGARET BALFOUR

BEAUTY CENTRE - SHERBORNE

EST. 1979





Pamper ♥ Relax ♥ Renew

A calm oasis in Sherborne...

The Margaret Balfour Beauty Centre, Sherborne's leading beauty care salon since 1979, is an appointed Clarins Gold Beauty Salon - a highly acclaimed award, given only to the top professional Clarins beauty salons in the country. Our seven comfortable, private treatment rooms and shower facilities are arranged on three floors alongside a welcoming reception area and gorgeous salon shop.

We offer professional skin, body and nail treatments as well as complementary therapies and aim to give you the most professional treatments available in a private and relaxed atmosphere. Our team of highly experienced and skilled therapists are here to help you resolve any of your beauty concerns or, indeed, just to give you that little bit of pampering you deserve. We guarantee you will always leave us feeling refreshed and rejuvenated.

You are very welcome to call in for a chat or a free and confidential consultation before you decide on which treatment you would like to book for yourself, or to buy as a gift for someone special. We hope you enjoy browsing our latest brochure for ideas and inspiration.

We look forward to looking after you very soon.



Margaret Balfour

www.margaretbalfour.co.uk



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MICROBLADING

For naturally beautiful brows

Many women dream of perfect eyebrows but most have exactly the opposite. It is easy to pluck eyebrows incorrectly, with the result that they are asymmetrical or, in the worst case, develop bald spots.

For more mature eyes, clients can opt for a very natural look which gives a real lift to your face and a boost to your confidence.

Microblading offers a new way of eyebrow sculpting which looks absolutely natural. Even extremely thin and irregular brows can be transformed with natural, semi-permanent make-up and the Microblading technique of our trained therapist.

During the treatment, extremely fine hairlines are created which show hardly any difference to real ones, personalised to your skin tone and hair colour, and the effect lasts for 12-18 months.

Cost:

INITIAL 30 MINS CONSULTATION, COLOUR MATCHING & PATCH TEST £30

MAIN TREATMENT, INCLUDING ONE TOP-UP AFTER 6 WEEKS £250

Why not complete the look with an Eyelashes Lift & Tint treatment? 1hr 30mins - Just £55

AGE DEFYING FACIAL TREATMENTS

Treatments start with a consultation, enabling us to design your personal treatment plan. We will advise on home care to maximise the benefits to your skin, helping you to feel positive about the way you look and feel.

NON SURGICAL FACE LIFT

BOOKING TIME 60 MINS

Clinically proven to tighten and tone facial muscles. Microcurrents which are infinitely adjustable are applied through specially designed facial probes, lifting and toning the facial contours without surgery. An initial course of 10 treatments is needed to re-educate the facial muscles and then a maintenance treatment approximately every 4 weeks.

COURSE OF 10 TREATMENTS

£470

COURSE OF 5 TREATMENTS

£235

SINGLE TREATMENTS

£50

LUXURY NON SURGICAL FACE LIFT

BOOKING TIME 1 HR 30 MINS

£66

This treatment offers all the benefits of our Non Surgical Face Lift *plus* a Silhouette Dermafusion Intensive Mask Therapy.

Choose from an Anti-wrinkle Marine Collagen Mask for an immediate tightening effect, to reduce and plump out fine lines and replenish tired skin *or* a Luxurious Bofusion Mask, perfect for more mature skin and designed to diminish lines and wrinkles, giving you a more youthful appearance with improved elasticity and glow.

NON SURGICAL EYELIFT

APPROX TREATMENT TIME 45 MINS £40

This treatment lifts and tones the eye area, rejuvenates the delicate skin around the eye and helps to reduce fine lines, wrinkles and puffiness. You will feel your eyes have really been opened up and brightened.

DIAMOND MICRO-DERMABRASION

APPROX TREATMENT TIME 45 MINS

Is your skin looking dull or showing signs of ageing? Then Diamond Micro-dermabrasion is your solution. Skin automatically exfoliates and renews its skin cells; sometimes the body needs a little help to achieve this.

Diamond Micro-dermabrasion exfoliates the outer layer of the skin, gently removing tired dead skin cells and vacuuming them away. This action increases the blood supply and promotes the formation of new collagen and elastin, resulting in dramatically rejuvenated skin. We recommend a course of 5 treatments at weekly intervals, followed by a maintenance treatment every 4 weeks.

COURSE OF 5 TREATMENTS

£235

SINGLE TREATMENTS

£50

RENEW & RELIFT

APPROX TREATMENT TIME 1 HR 30 MINS

This treatment combines all the benefits of Diamond Micro-dermabrasion and Non Surgical Facelifts.

SINGLE TREATMENTS

£66

GENESIS FACIAL TREATMENT

BOOKING TIME 1 HR

This is the perfect treatment to target Acne and Acne Rosacea.

A results-driven treatment which combines the proven technology of Ultrasound and Light Therapy. Penetrating deeply into the skin, it stimulates blood flow and lymphatic drainage; increasing the production of collagen, stimulating cell regeneration, facilitating tissue repair and rejuvenation. Inflammation is reduced and an anti-bacterial effect is produced. We recommend a course of 5 weekly treatments then a maintenance treatment approximately every 4 weeks.

COURSE OF 5 TREATMENTS

£235

SINGLE TREATMENTS

£50



FACIAL TREATMENTS

All facial treatments start with a thorough consultation, enabling your treatment to be designed specifically to your needs and concerns, with advice on home care to continue the benefits of your treatment.

CLARINS TRI ACTIVE FACIAL

BOOKING TIME 1 HOUR 30 MINS £61

This clinically proven, result-driven facial is the Rolls-Royce of Clarins anti-ageing facials. Your therapist selects Clarins Pro Intense products to suit your skin's needs and uses specific massage movements to produce dramatic and instant results. The skin's hydration is improved by 46% and firmness by 10% at the end of one treatment. This totally luxurious experience leaves your skin intensely replenished and energised, becoming visibly smoother, firmer and more radiant.

CLARINS DELUXE TRI ACTIVE FACIAL

BOOKING TIME 2 HOURS £79

A Clarins Tri Active Facial to lift, firm and sculpt the contours of the face plus a back massage and scalp & foot massage.

CLARINS AROMATIC FACIAL

BOOKING TIME 60 MINS £50

An all time Clarins favourite, this relaxing facial is individually tailored to suit your skin's requirements. It hydrates and nourishes dry skin, revitalizes dull tired skin and soothes and revives dehydrated and sensitive complexions. It is a sensory experience that leaves you with super-soft, glowing skin.

REVIVING FACIAL

BOOKING TIME 45 MINS £40

A quick pick-you-up facial treatment for all skin types, cleansing and boosting tired skin. This treatment is ideal for younger clients as an introduction to skin care.

CLARINS AGE DEFYING EYE TREATMENT

BOOKING TIME 45 MINS £40

The skin around the eyes is 3-5 times thinner than on the rest of the face and it is often the first area to show signs of ageing. This treatment works on under-eye crepey skin, dark circles and crows feet as well as fine lines and wrinkles.



PAMPER PACKAGES

These make the perfect gift for someone special... or for yourself! Each package offers an indulgent and blissful escape from the stresses of everyday life – you will leave us feeling thoroughly pampered and, we hope, totally relaxed.

TOTAL BODY REVIVE & REJUVENATE PACKAGE

BOOKING TIME 2 HOURS 15 MINS

£95

- ♥ Top to Toe Full Body Exfoliation
- ♥ Reviving Clarins Facial
- ♥ Beauty Goody Bag to take home
- ♥ Morning Coffee or Afternoon Tea & Biscuits

RELAX & RENEW PAMPER PACKAGE

BOOKING TIME 2 HOURS 15 MINS

£95

- ♥ Back, Neck & Shoulder Massage
- ♥ Reviving Clarins Facial
- ♥ Manicure *or* Pedicure
- ♥ Beauty Goody Bag to take home
- ♥ Morning Coffee or Afternoon Tea & Biscuits

LUXURY RELAX & RENEW PAMPER PACKAGE

BOOKING TIME 3 HOURS

£120

- ♥ Back, Neck & Shoulder Massage
- ♥ Reviving Clarins Facial
- ♥ Manicure
- ♥ Pedicure
- ♥ Beauty Goody Bag to take home
- ♥ Morning Coffee or Afternoon Tea & Biscuits



BODY TREATMENTS

CLARINS TRI ACTIVE BODY TREATMENT

BOOKING TIME 1 HOUR 30 MINS £61

This personalised body treatment helps to resolve body concerns. Lifts and sculpts the body and hydrates the skin.

AROMATIC BODY MASSAGE

Stress, tension and anxiety melt away with this rejuvenating treatment. A skilled and intense massage using our customised botanical treatment oils gets to grips with muscle aches, pains and stress knots - reviving fatigued muscles and rejuvenating the mind and body.

FULL BODY MASSAGE

BOOKING TIME 60 MINS £50

LUXURY BACK NECK AND SHOULDER MASSAGE

BOOKING TIME 45 MINS £40

BACK NECK AND SHOULDER MASSAGE

BOOKING TIME 30 MINS £28

HOT STONE BODY MASSAGE

The healing power of touch combines with the energy of the Earth in this relaxing muscle-melting massage. A combination of smooth warmed Basalt stones and the therapist's hands massage deeply into the muscles to relax, soothe and rejuvenate tired aching bodies - melting away stress and calming the mind.

FULL BODY MASSAGE

BOOKING TIME 1 HOUR 15 MINS £63

BACK NECK AND SHOULDER MASSAGE

BOOKING TIME 30 MINS £39

INDIAN HEAD NECK AND SHOULDER MASSAGE

BOOKING TIME 45 MINS £40

A very calming and relaxing treatment, based on an ancient massage therapy to relax tight muscles and increase joint mobility in the head neck and shoulders. This massage promotes mental calmness and physical well-being. Tension disappears leaving you energised and clear headed with an uplifted spirit.

TIRED FEET & LEGS MASSAGE

BOOKING TIME 30 MINS £28

A stimulating leg and foot massage using pre-blended oils and creams and massage movements to help improve poor circulation and fluid retention.



Everyone is looking for a 'quick fix' to look leaner; whether to achieve the perfect poolside look for holidays, to help get into that little black dress for a big night out or simply as part of their on-going beauty regime. We believe we have found the answer for you with our **SHRINKING VIOLET** detox body wrap.

Following your wrap treatment the solution will continue to keep working for up to 72 hours. As the fat cells have been excreted, the only way new fat cells will form afterwards is if you eat and drink excessively or unhealthily.

During the time the product is working, you can lie back and relax while enjoying a complimentary mini facial or hand or foot massage. This really is the perfect way to relax and lose those inches.

For best results, we recommend one wrap a week for 4 weeks followed by two further wraps at 2 weekly intervals.

BOOKING TIME 1 HOUR 30 MINS

COURSE OF 6 WRAP TREATMENTS

£330

SINGLE WRAP TREATMENT

£60

It's our secret... You could lose up to 2 inches off your waistline!



CLARINS MOTHER-TO-BE & NEW MOTHER

BOOKING TIME 1 HOUR 30 MINS £70

Pure indulgence for the face and body, adapted to pre (3 months onwards) and post-natal stages of pregnancy. Eases backache, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity.

Afterwards you will feel energised and wonderfully relaxed with baby soft skin.

FULL BODY EXFOLIATION & AGE DEFYING TREATMENT

BOOKING TIME 1 HOUR 15 MINS £60

Renew and rejuvenate your skin with this highly effective body treatment. Perfect to liven up the skin before summer or put it to bed for the winter! Dull skin is polished away and, after a refreshing shower, skin is nourished with aromatic oils and creams chosen to address your skin concerns.

More than just a body scrub; this is a total well-being treatment.

ST.TROPEZ OR CLARINS SELF TANNING TREATMENTS

Self tanning treatments for the face and body, includes a top to toe body exfoliation before self tanning lotions are applied and gives your skin a gorgeous golden glow that looks totally natural.

FULL BODY

BOOKING TIME 60 MINS

£50

FACE, ARMS AND DÉCOLLETÉ

BOOKING TIME 45 MINS

£40

LEGS

BOOKING TIME 30 MINS

£29

If you are prone to allergic reactions we recommend a patch test 48 hours before your tanning treatment.



HANDS AND FEET

GEL NAIL COLOUR OR FRENCH GEL NAIL COLOUR

USING BIO SCULPTURE GEL

£36

Long lasting non-chip nail colour for the hands and feet. Cuticles are tidied and the nails are shaped before the gel colour is applied and set using LED light.

Gel colour needs to be removed by a professional, trained therapist in order to avoid damage to your nails. We always include complimentary gel polish removal in the cost of this treatment.

MANICURES & PEDICURES

USING JESSICA PROFESSIONAL TREATMENT PRODUCTS

For your convenience we advise you to wear open toe shoes after a pedicure as the nail varnish will take at least 2 hours to dry - or choose one of our new quick-drying nail varnish colours.

MANICURE

BOOKING TIME 45 MINS

£29

Starts with gentle exfoliation, enabling the products to penetrate the skin. Then nails will be beautifully shaped and cuticles tidied, followed by a relaxing hand massage and finishing with the perfect varnish.

LUXURY MANICURE

BOOKING TIME 60 MINS

£47

The ultimate in hand and nail care, this treatment includes all the benefits of the manicure combined with the luxurious added benefits of heated mitts help all the oils and cream to penetrate deeply into the skin. This treatment is perfect for hands that need a little bit of tender loving care.

PEDICURE

The pedicure includes exfoliation to soften hard skin and a foot massage with deeply moisturising creams. Cuticles are groomed and toenails are cut, shaped and varnished.

BOOKING TIME 45 MINS

£29

LUXURY PEDICURE

The ultimate treat, this tranquil pedicure will leave your feet feeling soft and smooth. This treatment includes all the benefits of the pedicure complemented with heated booties to help absorption of the oils and creams. A nourishing and moisturising treatment for tired aching feet in need of some very special pampering.

BOOKING TIME 60 MINS

£47

FILE AND POLISH FINGERS OR TOES

The cuticles are tidied then the nails are shaped and polished.

BOOKING TIME 30 MINS

£23

YOUNG GIRLS' MINI MANI-PEDI - ideal for up to 10yrs

A fun treat for young fingers and toes which will be painted in the colours of your choice.

BOOKING TIME 30 MINS

£23



MAKE-UP

ONE TO ONE MAKE-UP MASTERCLASS

BOOKING TIME 60 MINS

£50

Trying different colours and application techniques under expert guidance will help you achieve a fresh and flattering new look. Whether you want a whole new make-up look or ideas for a special occasion, prepare to be inspired.

CLEANSE AND MAKE-UP

BOOKING TIME 45 MINS

£40

For that special occasion why not let a trained therapist apply your make-up? You choose the shades from our Clarins Colour Collection, then leave looking gorgeous, with boosted confidence.

WEDDING DAY MAKE-UP

£95

A few weeks before the big day the bride has a trial make-up; with our trained therapist they discuss the look required and the make-up is applied. On the big day the same make-up look is applied. We recommend hair is done before the make-up. We are very sorry but we are unable to make home visits.



DEPILATORY WAXING

Superfluous hair is removed using cream, honey or hot wax. The hairs should be at least ½ cm long to achieve a perfect smooth finish. **BOOKING TIMES VARY ACCORDING TO THE AREAS BEING TREATED**

Full leg	£36
Full leg and high cut bikini line	£39
Full leg and Brazilian or Hollywood	£59
Three quarter leg	£32
Half leg	£27
Half leg and bikini line	£30
Half leg and high cut bikini line	£33
Half leg and Brazilian or Hollywood	£48
Bikini line	£14
High cut bikini line	£21
Brazilian	£35
Hollywood	£39
Under arm	£14
Forearm	£19
Full arm wax	£27
Eyebrow wax	£14
Upper lip	£14
Upper lip and chin	£17
Gentleman's back wax	£27
Gentleman's chest wax	£27



THREADING FOR FACIAL HAIR

Threading is one of the oldest methods of hair removal. First practised in Asia and the Middle East, it is suitable for all skin types.

EYEBROWS	£14
UPPER LIP	£14
CHIN	£14
UPPER LIP AND CHIN	£17
CHEEKS	£17

Eyebrow Shaping

Eyebrows are shaped with wax, tweezers or threading.

£14

EYEBROW AND EYELASH TINTING*

Eyelash and eyebrow tinting will darken the hair giving a more defined look to the eyes.

EYEBROW TINT	£14.50
EYEBROW TINT & SHAPE	£20.00
EYELASH TINT	£19.00
EYELASH AND EYEBROW TINT	£25.00
EYELASH TINT & EYEBROW SHAPE	£25.00
EYELASH AND EYEBROW TINT & SHAPE	£29.00

Eyelash Curling and Lifting*

BOOKING TIME 1HR 30 MINS £55

Eyelashes are tinted, lifted and curled - even short, straight, sparse lashes will be enhanced by this treatment. While the product is developing you will be treated to a complimentary file and polish of your fingers or toes.

Semi-Permanent Eyelash Extensions*

Lashes are applied individually to the natural lashes enhancing their length and thickness giving a more glamorous look.

We recommend a top-up treatment every 2-3 weeks.

FULL SET OF SEMI- PERMANENT EYELASHES	BOOKING TIME 1HR	£50
TOP UP TREATMENTS FOR SEMI- PERMANENT EYELASHES	BOOKING TIME 30 MINS	£28

* All new clients must have an allergy test 48 hours prior to their first treatment.

EAR-PIERCING

Ears are pierced using the safe, sterile, hypo-allergenic Inverness 2000 system.

Cost includes earrings and aftercare solution.

14 CARAT GOLD OR TITANIUM STUDS

£40

GOLD PLATED OR PALLADIUM PLATED STUDS

£30

SINGLE PIERCING

£22

ELECTROLYSIS

Permanent hair removal achieved with regular treatments over a period of time. Electrolysis is suitable for small areas or strong white hair. For larger areas of dark hair we recommend our IPL hair removal.

BOOKING TIME UP TO 15 MINS £17

BOOKING TIME UP TO 30 MINS £27

ADVANCED ELECTROLYSIS - FACIAL DIATHERMY

We can successfully treat a variety of skin blemishes. Ideal for treating small areas of facial thread veins, spider naevi, blood spots, skin tags and milia - you can now achieve flawless, blemish-free skin with Diathermy (several treatments may be required to achieve the desired result).

CONSULTATION AND FIRST TREATMENT FROM

£60

FOLLOW UP TREATMENT FROM

£40

BIO SKIN JETTING

BioSkin Jetting reduces wrinkles naturally and is a natural alternative to Botox and fillers. This treatment softens the appearance of fine lines and wrinkles.

COURSE OF 7 TREATMENTS

£392

SINGLE TREATMENTS

£60

IPL TREATMENTS

FOR WOMEN AND MEN *(often referred to as 'Laser')*

safe ● gentle ● effective

ELLIPSE SUPERLIGHT is the most advanced IPL treatment on the market. It is clinically proven safe and effective for the permanent reduction of unwanted hair, facial thread veins, sun-damaged skin and age spots.

BOOKING TIMES VARY ACCORDING TO AREA BEING TREATED.

An IPL patch test must be performed before your first treatment, redeemable on your first treatment, cost: **£30**

PERMANENT HAIR REDUCTION

Shaving, waxing, tweezing and hair removal creams have been replaced by hair removal in a flash. Hair contains melanin (colour) which absorbs the IPL light and converts it into heat, destroying the hair root.

COST PER TREATMENT (We recommend 6-8 treatments)

FACE		FRONT (WOMEN)		BACK (MEN)	
Upper lip	£50	Stomach centre line	£85	Quarter Back	£110
Chin	£60			Half Back	£140
Upper lip and chin	£90	LEGS		Three quarter Back	£190
Cheeks	£90	Full leg	£335	Full back	£245
Centre brow	£50	Half leg	£175		
		Standard bikini line	£90	FRONT (MEN)	
ARMS		High cut bikini line	£110	Quarter Chest	£110
Under arms	£95	Brazilian	£135	Half Chest	£140
Hands and fingers	£60	Feet and toes	£70	Full Chest	£245
Upper arms	£135				
Forearms	£135				

FACIAL THREAD VEINS

Thread veins are small blood vessels near the surface of the skin. Blood contains haemoglobin; this absorbs the IPL light and converts it into heat. The heat destroys the protein in the thread vein walls, resulting in the gradual and safe disappearance of the veins.

We recommend 1 - 4 treatments

COST PER TREATMENT FROM £80

PIGMENTED LESIONS & SUN SPOTS ON THE FACE OR HANDS

Sun spots contain a substance called melanin. Light from the IPL is attracted and absorbed by the melanin and the energy produced gently breaks it down. Over a period of seven to ten days the sun spots will naturally exfoliate.

We recommend 1 - 4 treatments

COST PER TREATMENT FROM £80

SKIN REJUVENATION

Uneven pigmentation and redness are tell-tale signs of sun-damaged skin. Light from the IPL is absorbed by melanin in the pigmentation and haemoglobin in the blood, breaking them down and leaving the skin smooth and rejuvenated.

We recommend 1 - 3 treatments

COST PER TREATMENT

Full face	£110
Face and neck	£135
Face, neck and décolleté	£160

GROOMING & BODY TREATMENTS FOR MEN

MUSCLE-EASE BODY MASSAGE

Stress, tension and anxiety all melt away with this rejuvenating treatment. Skilled and relaxing massage movements using customised botanical treatment oils get to grips with muscle aches, pains and stress knots, leaving you feeling calm and rebalanced.

MUSCLE-EASE FULL BODY MASSAGE

BOOKING TIME 60 MINS

£50

LUXURY MUSCLE-EASE BACK NECK AND SHOULDER MASSAGE

BOOKING TIME 45 MINS

£40

MUSCLE-EASE BACK NECK AND SHOULDER MASSAGE

BOOKING TIME 30 MINS

£28

HOT STONE BODY MASSAGE

The healing power of touch combines with the energy of the Earth in this relaxing and muscle-melting massage. A combination of smooth warmed Basalt stones and the therapist's hands massage deeply into the muscles to relax, soothe and rejuvenate tired aching bodies.

FULL BODY MASSAGE

BOOKING TIME 1 HOUR 15 MINS

£63

BACK NECK AND SHOULDER MASSAGE

BOOKING TIME 30 MINS

£39

FACIAL TREATMENTS

SKIN BLITZ FACIAL

BOOKING TIME 60 MINS

£50

Shaving bumps and irritation, stress and tiredness, greyness and congestion... However life has hit your skin, this super-relaxing bespoke facial will target and treat. Your face will look and feel refreshed healthy and smooth.

RADIANCE REVIVER

BOOKING TIME 45 MINS

£40

A quick boost to the skin, deeply cleansing and rehydrating, leaving your skin feeling clean and fresh.



GROOMING & BODY TREATMENTS FOR MEN

HANDS AND FEET

MANICURE

£29

Smarten up your hands. Nails are cut and filed, cuticles tidied and then the hands are exfoliated and massaged.

PEDICURE

£29

Toenails are cut and filed, cuticles are tidied, feet are exfoliated to soften the skin and the treatment finishes with a relaxing foot massage.

WAXING TREATMENTS

EYEBROW WAX

£14

BACK WAX

£27

CHEST WAX

£27

IPL TREATMENTS

(often referred to as 'Laser')

safe ● gentle ● effective

ELLIPSE SUPERLIGHT is the most advanced IPL treatment on the market. It is clinically proven safe and effective for the permanent reduction of unwanted hair, facial thread veins, sun-damaged skin and age spots.

An IPL patch test must be performed before your first treatment, redeemable on your first treatment, cost: £30

BOOKING TIMES VARY ACCORDING TO AREA BEING TREATED. SEE PREVIOUS PAGES FOR THE RANGE OF TREATMENTS.



MEDICAL ADVICE

For some of our treatments, particularly IPL, we will need you to provide details of any medical treatments you are currently receiving.

Please arrive 5-10 minutes early for your first appointment to allow time to complete a short and confidential disclosure form. Please notify us at the time of booking your treatment if you are taking medication or have any of the following medical conditions:

- Recent surgery or cancer treatment
- Any type of allergy
- Epilepsy
- Asthma
- Diabetes
- Any infectious disease
- Open sores or wounds
- Heart or circulatory problems
- High or low blood pressure
- Pregnant or trying to conceive
- Metal plates, screws or implants
in the body or face





HANDY TO KNOW

How to find us

We are in Swan Yard, just off Cheap Street and right in the centre of historic Sherborne. The nearest parking is in Old Market Yard, Newland (Pay & Display). Please note that Cheap Street has restricted vehicle access after 11.30am.

When should I arrive?

Please allow for parking and arrive at least 5 minutes before your appointment time. If you arrive earlier we have a waiting area on the first floor where you can enjoy a complimentary drink and a selection of magazines.

What if I am late for my appointment?

Arriving late will simply limit the time available for your treatment, thus reducing its effectiveness and your own pleasure. Your treatment will need to end on time so that our next consultation is not delayed.

What if I have special health considerations?

You should notify our reception staff or therapist before booking if you have any health issues such as high blood pressure, allergies or other physical ailments. Please see the Medical Advice page in this brochure.

What do I need to wear and bring with me?

Wear comfortable clothes, easily removed if required for your treatment. Our therapists use draping techniques to respect your privacy during massage and other beauty treatments and therapies.

If you are having a pedicure please wear open-toed shoes. We do have a shower should you need one and you might find it useful to bring your own hairbrush or comb.

How do I pay for my treatment?

We accept all major credit cards (with the exception of Amex). We also have our own Margaret Balfour Gift Vouchers which are accepted for payment of treatments and products.



FOR MORE INFORMATION & BOOKINGS:
t: 01935 816177
e: relax@margaretbalfour.co.uk
or visit our website at
www.margaretbalfour.co.uk

A salon and more...

As well as enjoying our treatments and therapies, you can call in to our salon shop any time where we stock the full range of CLARINS skincare, make-up, bath & body, fragrance and gift products for women and men.

We are Sherborne's only official CHANEL fragrance stockist as well as offering JESSICA and BIO SCULPTURE nailcare and polish ranges, mii BROW products and much more.

You are welcome to browse for your own beauty essentials and treats, or for special gifts, and the entire CLARINS range is eligible for the CLARINS *for me* loyalty scheme too. Just ask if you would like advice about which products best suit you or the occasion.

We are always happy to gift wrap and we also offer treatment or monetary **GIFT VOUCHERS** available to buy at the salon or online at www.margaretbalfour.co.uk Our vouchers can be exchanged for any of our treatments or beauty products and we can post them for you throughout the UK.

BEAUTIFUL GIFT IDEAS



ALL ABOUT 'CLARINS *for me*'

FREE beauty products with your **CLARINS *for me*** card

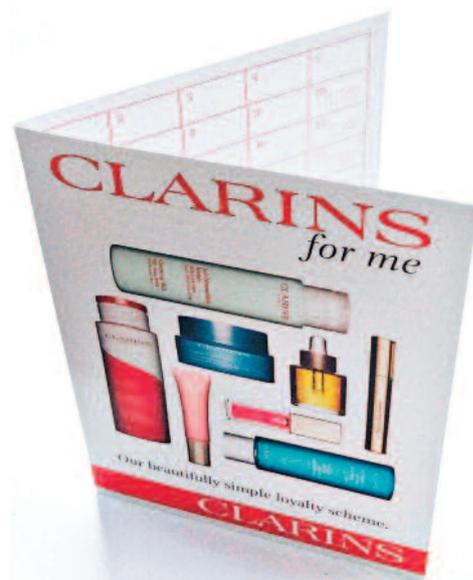
How does it work?

For every £10 you spend on Clarins products at Margaret Balfour, you'll receive one Clarins point which is worth £2 when redeemed against Clarins products of your choice bought from us.

It's like getting **20% back** in free beauty products!

The more points you collect, the more valuable your beauty gift becomes. The total retail price of your 'free' Clarins product must be covered by the value of points saved on your **CLARINS *for me*** card.

You can sign up to our mailing list in person at the salon or join online at www.margaretbalfour.co.uk to receive details of our seasonal points promotions, special offers and exclusive invitations.



The CLARINS *beautifully simple* LOYALTY SCHEME
available at **MARGARET BALFOUR**

OPENING HOURS

MONDAY	9.00 - 5.30
TUESDAY	9.00 - 5.30
WEDNESDAY	9.00 - 6.00
THURSDAY	9.00 - 7.00
FRIDAY	9.00 - 6.00
SATURDAY	9.00 - 4.30

TEL: 01935 816177



MARGARET BALFOUR BEAUTY CENTRE
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