

**BALFOUR**  
BEAUTY CENTRE

EST. 1979





## A CALM OASIS IN SHERBORNE

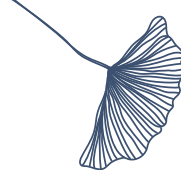
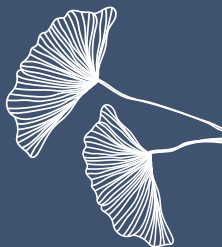
Having opened in 1979, the Margaret Balfour Beauty Centre, is Sherborne's longest-running, and largest, beauty salon. We have been in our beautiful Grade II listed building for 22 years, and we are one of a relative handful of Clarins-appointed Gold Salons in the country ~ an accolade that recognises that we provide the highest level of care and service to our clients.

We have seven comfortable private treatment rooms arranged over three floors ~ including one on the ground floor, for those clients unable to use the stairs.

In addition, we have shower facilities, a welcoming reception area and a gorgeous salon shop full of your favourite Clarins products & gift sets.

Whether you are visiting us for skin, body or nail treatments, or for one of our range of complementary therapies, our aim is to give you the most professional treatments available, in a relaxed and nurturing atmosphere. Our team of highly experienced and skilled therapists are here to help you resolve any of your beauty concerns, or indeed just to give you that little bit of pampering you undoubtedly deserve.

You are very welcome to call in to discuss treatments or products, or to have a confidential consultation before you decide on which treatment you would like to book for yourself, or to buy as a gift for someone else.



## FACE

### PROFESSIONAL CLARINS TREATMENTS

Expertise you can feel, and results you can see. Plant enriched formulas combined with the unique 'Clarins Touch', with every inch of focus on optimising results and enhancing your personal sensory experience.

For most of our Clarins treatments, we offer therapeutic add-ons, to give an even greater level of relaxation; choose from a Back Massage, Foot & Hand Massage, or Scalp & Neck Massage *20 mins £20*

#### BESPOKE SKIN EXPERT FACIALS *1hr 30 £68*

Targeted treatments designed to address *your* skin's needs. With this in mind, please note that your therapist may recommend a different treatment variation than the one you have booked.

**Youth Expert** | The ultimate youth boost to firm skin & smooth lines.

**Power Hydrator** | Relieves tightness, restores comfort and radiance.

**Anti-Blemish Rescue** | Purifying and re-balancing, perfect for oily or combination skin.

**Radiance Booster** | Refreshes luminosity for lacklustre skin.

**Skin Soother** | Calms and soothes for strengthened, radiant skin.

#### ULTRA RELAXING FACIAL *1hr £55*

A deeply relaxing facial to soothe the soul and re-balance the skin. Essential oils calm and release tension in the skin and mind.

#### DETOX & GLOW *45mins £42*

A reviving mini facial to promote skin health and radiance. Ideal as an introduction to skincare for younger clients.



### SILHOUETTE DERMALIFT

#### GENESIS FACIAL TREATMENT *1hr £60*

*Course of 5 treatments £275*

A results-driven treatment that combines the technology of ultrasound & light therapy. Penetrates the skin, stimulating blood flow, lymphatic drainage, and cell rejuvenation, whilst increasing the production of collagen. We recommend a course of five weekly treatments, and then a maintenance treatment every four weeks.

## CACI NON-SURGICAL FACE & EYE LIFTS

With unparalleled results and a wide celebrity following, CACI treatments help to reverse and delay the signs of ageing by gently tightening and toning the muscles of the face and neck, whilst smoothing the appearance of fine lines and wrinkles. Just a single treatment alone is beneficial, but we recommend an initial course of 10 treatments to fully re-educate the facial muscles, followed by a maintenance treatment approximately every 4 weeks.

CACI Synergy is an additional treatment that you can choose to receive alongside most of our CACI treatments. It simultaneously delivers LED light to further firm and improve collagen production, cell renewal and tone.

**DELUXE CACI TREATMENT** 2hrs **£110** | with Synergy **£117**  
Course of 10 **£980** | with Synergy **£1040**

Combining skin-perfecting Microdermabrasion with the Ultimate non-surgical face lift, smoothing CACI Wrinkle Comb and the Hydratone mask for full face rejuvenation – an amazing uplifting treatment before a special event.

**ULTIMATE CACI FACE LIFT** 1hr 30 **£70** | with Synergy **£77**  
Course of 10 **£630** | with Synergy **£690**

All the benefits of our CACI non surgical facelift plus additional jowl lift technology, and the Hydratone mask for full face replenishment.

**CACI FACE LIFT** 1hr 15 **£55** | with Synergy **£63**  
Course of 10 **£485** | with Synergy **£560**

A full facial lift that improves contours and gives your skin a gorgeous youthful glow. Regular treatments can actively slow the ageing process.

**CACI EYE LIFT** 1hr **£45** | with Synergy **£52**  
Course of 10 **£395** | with Synergy **£460**

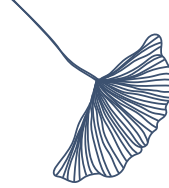
Focused lifting and toning of the eye area leaving your eyes opened and restored. Includes specialist eye serums and eye mask to drain and brighten the area.

**CACI JOWL LIFT** 1hr **£45** | with Synergy **£52**  
Course of 10 **£395** | with Synergy **£460**

Intense lifting of the lower face improves contours and jaw tone. Includes Hydratone mask for full skin replenishment.

**CACI MICRODERMABRASION** 30 mins **£32**  
Course of 5 treatments **£140**

Exfoliates the outer layer of the skin, gently removing tired or dead cells, improving cell turnover, brightening skin and smoothing lines.



## BODY

**CLARINS TOP-TO-TOE WELLNESS TREATMENTS** 1hr 30 **£72**  
Energising, de-stressing and relaxing, this choice of two professional Clarins treatments work on your face and body to promote wellbeing and bring you back into balance.

**Beauty Sleep** | Blissful products and masterful massage movements create a deep sense of calm. Stress is diminished and skin is soothed, nourished and refreshed.

**Energy Booster** | A vitality boosting treatment to re-balance body and mind. Energising massage techniques enhance your mood and bring radiance to the skin.

**CLARINS BODY EXPERT TREATMENTS** 1hr 30 **£65**

**Body Sculpt** | Slimming and firming treatment to drain and smooth skin tone. Personalised to work on your concerns.

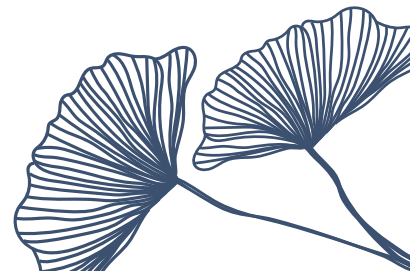
**Body Renew** | Detoxifying exfoliation to renew your skin, followed by a deeply hydrating effleurage application of aromatic lotion for smooth supple skin.

Take the opportunity to release further tension from your body, with a therapeutic treatment add-on; choose from a Back Massage, Foot & Hand Massage, or Scalp & Neck Massage **20 mins £20**



**SHRINKING VIOLET DETOXING BODY WRAP** 1hr 30 **£65**  
Course of 6 treatments **£350**

A real boost before a big night out or special event, as a quick fix to look leaner. Detoxifying oils are smoothed over the body before you are wrapped and ready to relax whilst enjoying a complimentary mini facial or hand & foot massage. A perfect way to temporarily lose those inches. Treatment effects last for 72 hours.



## MASSAGE

Our massage treatments are designed to deliver an unrivalled sensory experience. Blissful aromas of Clarins' plant-enriched oils, work in harmony with expertly perfected massage techniques customised to your needs, and guaranteed to ease muscle tension and fatigue. Treatments that are relaxing and restorative to both body and mind.

**FULL BODY MASSAGE** 1hr 15 £55

**TENSION EASE  
BACK, NECK & SHOULDER MASSAGE** 45 mins £39

**BACK, NECK & SHOULDER MASSAGE** 30 mins £29

**TIRED FEET & LEGS MASSAGE** 30 mins £28

### HOT STONE MASSAGE

Warm Basalt stones help relieve tension and boost wellbeing as they are expertly combined with massage and blissful aromatic oils.

**Full Body |** 1hr 15 £65

**Back, Neck & Shoulder |** 45mins £45

**INDIAN HEAD MASSAGE** 45mins £42

Based on ancient massage therapy to relax tight muscles and increase joint mobility in the head, neck and shoulders. Tensions are released, leaving you energised and clear headed.

**MOTHER-TO-BE PREGNANCY MASSAGE** 1hr 30 £70

*Suitable after 12 weeks of pregnancy.* A specially-created nourishing full body treatment to help boost energy levels, release tension and reduce any heaviness in the legs. Carried out with full attention on comfort and support for you and your baby.

## PAMPER PACKAGES

All of us benefit from taking time out. Our pamper packages are a once-in-a-while self-care treat that we all deserve. With that in mind, they also make a perfect gift for someone special who might not otherwise get around to indulging themselves with some proper me-time.

**REVIVING PAMPER PACKAGE** 2hrs 15 £99

A super relaxing (or invigorating) back, neck and shoulder massage; Detox and Glow Clarins facial; a manicure or pedicure; and a Clarins product home-care bag to take away. Morning coffee or afternoon tea & biscuits are also included.

**RELAX & REJUVENATE PACKAGE** 3hrs 45 £145

A whole morning or afternoon in our nurturing hands. Clarins Expert Facial, Back, Neck & Shoulder Massage, followed by a manicure and a pedicure, and a Clarins product home-care bag to take away. Morning coffee or afternoon tea & biscuits are also included.

## TANNING

Treatments to deliver a beautiful sun-kissed effect for special occasions or pre-holiday. Perfected application techniques and high quality products ensures even coverage and a natural colour suitable for all skin tones.

**CLARINS SUMMER GLOW** 1hr 15 £54

Exfoliation and manual application of self tan products using Clarins self tanning lotion for a radiant hydrated glow.

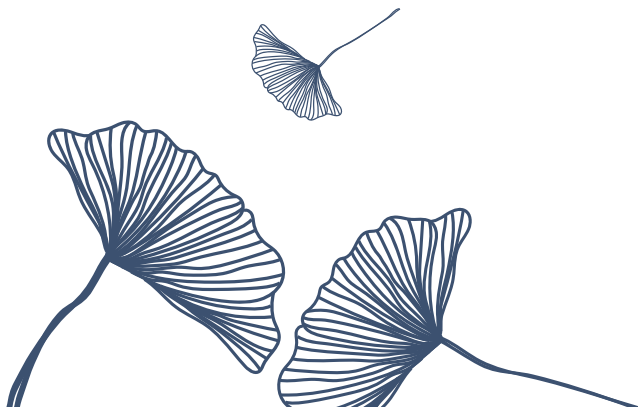
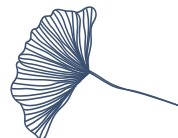
### SPRAY TANNING

Your skin is expertly sprayed with a light mist of professional grade product that has a fast-drying and development time. *Exfoliation must be done prior to appointment.* If you are prone to allergic reactions, we recommend a patch test 48hrs before your treatment.

**Full Body |** 45mins £36

**Face, Arms & Décolleté |** 30mins £26

**Full Legs |** 30mins £26



## BROWS & LASHES

All brow shaping will involve a brief consultation to determine the shape you would like and/or that is best suited to your face shape. We will then use wax, tweezers, or a combination of both, to achieve the desired result. *\*Please note, you will be required to have a patch test 48hrs prior to your first tinting, lifting or extension treatment.*

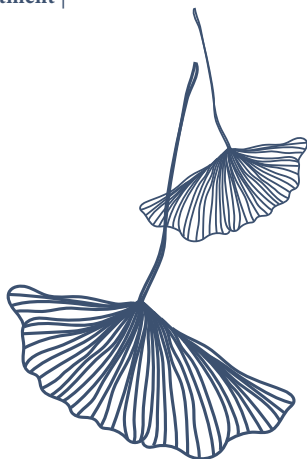
EYEBROW SHAPING	15mins £15
EYEBROW TINT & TIDY*	15mins £15
EYEBROW TINT & SHAPE*	30mins £22
EYELASH TINT*	30mins £20
EYELASH TINT & EYEBROW TINT*	30mins £25
EYELASH TINT & EYEBROW SHAPE*	45mins £30
EYELASH TINT & EYEBROW TINT & SHAPE*	45mins £34

**EYELASH LIFTING\*** 1hr 30 £55  
Lashes are lifted, volumised and tinted, opening up the eyes and giving the appearance of additional length. Includes eyebrow tint and tidy. Results last 8 weeks.

### EYELASH EXTENSIONS\*

A professional AH Francis treatment; individual lash extensions are applied to your natural lashes, enhancing their length and fullness. We recommend a maintenance infill after four weeks, or a top-up treatment every two to three weeks.

Full Set of Extensions	1hr 30 £57
Maintenance Infills	1hr £40
Top-up Treatment	45mins £32



## HANDS & FEET



### MANICURES & PEDICURES

Using aromatic Clarins and professional Bio Sculpture Spa products.

**LUXURY MANICURE** 1hr £40 | French polish 1hr 15 £43  
Hand and arm exfoliation, full manicure, and hand masque with heated mitten treatment for deep nourishment, and an application of polish. Includes feet & lower leg massage.

**CLASSIC MANICURE** 45mins £30 | French polish 1hr £33  
Hand exfoliation, nail shaping, cuticle work, massage & polish.

**MINI MANICURE** 30mins £23 | French polish 45mins £26  
Nail shaping, cuticle tidy & polish application.

**LUXURY PEDICURE** 1hr 15 £47 | French polish 1hr 30 £50  
Feet & lower leg exfoliation, full pedicure, foot masque with heated bootie treatment for skin rejuvenation, and polish application. Includes hand & arm massage.

**CLASSIC PEDICURE** 1hr £34 | French polish 1hr 15 £37  
Exfoliation of your feet, hard skin removal, nail shaping, cuticle maintenance, massage, and polish.

**MINI PEDICURE** 30mins £23 | French polish 45mins £26  
Nail shaping, cuticle tidy, hard skin buffing, and polish application.

### GEL POLISH APPLICATION

Long-lasting non-chip professional Bio Sculpture nail gel colour. Cuticles are tidied and nails are shaped before the gel is applied.

**GEL POLISH ON HANDS** 1hr £35 | French polish 1hr £41

**GEL POLISH HANDS REMOVAL & RE-POLISH** 1hr 15 £41

**REMOVAL OF GEL FROM HANDS** allow 30mins £3

**GEL POLISH PEDICURE** 1hr 15 £46  
A Classic Pedicure with gel polish French polish 1hr 30 £49

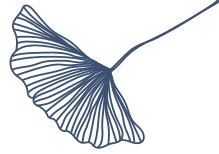
**GEL POLISH ON FEET** 45mins £29 | French polish 1hr £33

**GEL POLISH FEET REMOVAL & RE-POLISH** 1hr £35

**REMOVAL OF GEL FROM FEET** 30mins £16  
Gentle removal, nail shaping, cuticle work and nail oil applied.



# HAIR REMOVAL



## WAXING

Unwanted hair is removed using organic cream or hot wax. Booking times will vary depending on the areas being treated.

FULL LEG	£33
FULL LEG & BIKINI LINE	£38
FULL LEG & HIGH-CUT BIKINI LINE	£42
FULL LEG & BRAZILIAN	£52
FULL LEG & HOLLYWOOD	£56
THREE QUARTER LEG	£30
HALF LEG	£26
HALF LEG & BIKINI OR UNDERARM	£32
HALF LEG & HIGH-CUT BIKINI LINE	£35
HALF LEG & BRAZILIAN	£45
HALF LEG & HOLLYWOOD	£49
BIKINI LINE	£16
HIGH-CUT BIKINI LINE	£19
BRAZILIAN	£33
HOLLYWOOD	£37
UNDERARM	£15
FOREARM	£20
EYEBROW	£15
UPPER LIP	£14
UPPER LIP & CHIN OR NOSTRILS	£19
UPPER LIP & EYEBROWS	£25
NOSTRILS	£10
GENTLEMAN'S BACK WAX	£28
GENTLEMAN'S CHEST WAX	£25
GENTLEMAN'S BACK & CHEST WAX	£40

## THREADING

For facial hair, and more delicate skin types.

EYEBROWS	£16
UPPER LIP	£16
CHIN	£16
UPPER LIP & CHIN	£21
UPPER LIP, CHIN & CHEEKS	£26

## ELECTROLYSIS

Permanent hair removal achieved with regular treatments over a period of time. Electrolysis is suitable for small areas of strong hair. For larger areas, we recommend our IPL hair removal treatment.

15 MINUTE TREATMENT	£18
30 MINUTE TREATMENT	£29

## ADVANCED ELECTROLYSIS

With this advanced electrolysis treatment, we can successfully treat a variety of skin blemishes. It is ideal for addressing small areas of thread veins, blood spots, skin tags and milia. Several treatments may be needed, depending on the individual case.

CONSULTATION & FIRST TREATMENT	45mins from £70
FOLLOW-UP TREATMENT	30mins from £50

For alternative therapies for permanent hair removal, and treatment of thread veins, age spots, and sun damage, see our IPL Treatments section just over the page.



# IPL TREATMENTS

Ellipse Super Light is an advanced IPL treatment (often referred to as laser). It is clinically proven to be safe and effective for permanent reduction of unwanted hair, thread veins on the face and body, sun damaged skin and age spots. Booking times vary depending on the area being treated.

## INITIAL IPL CONSULTATION *45mins* £35

All clients are required to have an initial consultation, the cost of which will be redeemable against your first treatment. We will discuss and assess your areas of concern, and carry out a treatment area test on the skin to allow you, and us, to ascertain whether IPL is a suitable treatment for you.

## PERMANENT HAIR REDUCTION

UPPER LIP	£60
CHIN	£70
UPPER LIP & CHIN	£99
CHEEKS	£99
UNDERARMS	£105
HANDS & FINGERS	£70
UPPER ARMS	£145
FOREARMS	£145
STOMACH CENTRE LINE	£95
FULL LEG	£370
HALF LEG	£195
BIKINI LINE	£100
HIGH-CUT BIKINI LINE	£120
BRAZILIAN	£150
HOLLYWOOD	£165
FEET	<i>up to</i> £80
GENTLEMAN'S QUARTER BACK	£120
GENTLEMAN'S HALF BACK	£150
GENTLEMAN'S THREE-QUARTER BACK	£200
GENTLEMAN'S FULL BACK	£260
GENTLEMAN'S QUARTER CHEST	£120
GENTLEMAN'S HALF CHEST	£150
GENTLEMAN'S FULL CHEST	£260

## FACIAL THREAD VEINS

*from* £90

We recommend between one and four treatments.

## SUN SPOTS & LESIONS

*from* £90

For pigmented areas on the face or hands. We recommend between one and four treatments.

## SKIN REJUVENATION

For uneven pigment and sun-damaged facial skin. We recommend between one and three treatments.

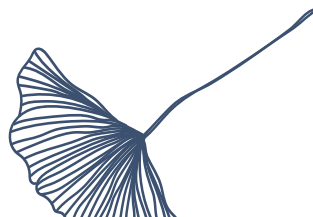
FULL FACE	£125
FACE & NECK	£150
FACE, NECK & DÉCOLLETÉ	£175



# GROOMING FOR MEN

Our male clients are of course welcome to have any of our listed treatments, and in addition we offer the following gentleman-specific services.

GENTLEMAN'S BACK WAX	<i>30mins</i> £28
GENTLEMAN'S CHEST WAX	<i>30mins</i> £25
GENTLEMAN'S BACK & CHEST WAX	<i>45mins</i> £40
GENTLEMAN'S MANICURE	<i>45mins</i> £28
GENTLEMAN'S PEDICURE	<i>1hr</i> £29







## MAKE-UP

### CLARINS PROFESSIONAL MAKE-UP

**ONE TO ONE MAKE-UP LESSON** *1hr 15 £55*

Stuck in a rut with your look, or just starting out ~ we can help and inspire you. You'll also receive a 10% discount on any Clarins products that you decide you'd like to purchase on the day.

**CLEANSE & MAKE-UP** *1hr £38*

**WEDDING DAY MAKE-UP** *from £99*

Our wedding day services include a trial beforehand, and on the day make-up application at the salon. We are able to make home visits and/or location visits at an additional cost.

## EAR & NOSE PIERCING

We pierce your ear lobes, cartilage or nose using the safe, sterile and hypo-allergenic Inverness 2000 system, and have a large selection of plain, jewelled and shaped studs to choose from. All piercings must remain in place for between 6 to 12 weeks depending on the location, until healed. Price includes jewellery & aftercare solution.

**14 CARAT GOLD OR TITANIUM STUDS** **£55**

**GOLD PLATED OR PALLADIUM PLATED STUDS** **£45**

**SINGLE EAR PIERCING** **£29**

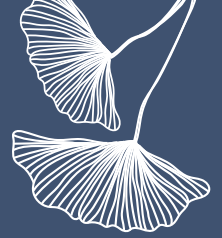
**NOSE PIERCING** **£60**

We pierce your nose with a studded piercing post, and give you a spare, plus an additional stud of your choice that you can change to after 48hrs. Your piercing should then be left in for 3 months to heal thoroughly, after which it can be replaced with a nose ring if you wish.



## CLARINS FOR ME CARDS

As a Clarins Gold Salon we offer exclusive loyalty cards that give you free Clarins products as a reward for collecting stamps on purchases. We look after your cards for you, and whenever you buy, you gain a stamp for every whole £10 spent with us. It's like getting 20% back in free beauty products! We also give you double points on your card at certain times throughout the year, along with exclusive limited edition Clarins products and gifts when you purchase from us. Follow us on social media, join our mailing list, or ask in the Salon to find out more.



## GIFT VOUCHERS

Our gift vouchers make the perfect present. You can choose to give someone a specific treatment, a pamper package, or even a course of treatments for an extra special gift. Alternatively, you can choose any nominal amount for your recipient to spend on treatments or products of their choice.

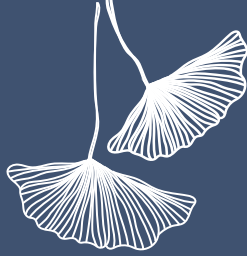
## DELIVERY SERVICE

We offer a delivery service on all products & gift vouchers. Please enquire in Salon, give us a call on 01935 816177 or email us at [relax@margaretbalfour.co.uk](mailto:relax@margaretbalfour.co.uk).

## BOOKINGS & CANCELLATIONS

We appreciate that sometimes you may need to cancel or reschedule your appointment, and kindly request that you provide at least 24hrs notice, otherwise a charge may be incurred if we are unable to fill your time slot. Please note, the booking times listed here indicate the length of time estimated for your entire appointment.





## OPENING TIMES

MONDAY | 9~5.30PM

TUESDAY | 9~5.30PM

WEDNESDAY | 9~6PM

THURSDAY | 9~7PM

FRIDAY | 9~6PM

SATURDAY | 9~4PM

SWAN YARD, SHERBORNE, DT9 3AX 01935 816177

*Email us at [relax@margaretbalfour.co.uk](mailto:relax@margaretbalfour.co.uk)*

[WWW.MARGARETBALFOUR.CO.UK](http://WWW.MARGARETBALFOUR.CO.UK)

