





# **BOOKINGS & CANCELLATIONS**

We appreciate that sometimes you may need to cancel or reschedule your appointment, and kindly request that you provide at least 24 hrs notice, otherwise a charge may be incurred if we are unable to fill your time slot.

Please note, the booking times listed here indicate the length of time estimated for your entire appointment.



# 'CLARINS FOR ME' CLIENT LOYALTY CARDS

As a Clarins Gold Salon we offer exclusive loyalty cards that give you free Clarins products as a reward for collecting stamps on purchases. We look after your cards for you, and whenever you buy, you gain a stamp for every whole £10 spent with us. It's like getting 20% back in free beauty products! We also give you double points on your card at certain times throughout the year, along with exclusive limited edition Clarins products and gifts when you purchase from us. Follow us on social media, join our mailing list, or ask in the Salon to find out more.







# A CALM OASIS

Having opened in 1979, the Margaret Balfour Beauty Centre, is Sherborne's longest-running, and largest, beauty salon. We have been in our beautiful Grade II listed building for 25 years, and we are one of a relative handful of Clarins-appointed Gold Salons in the country ~ an accolade that recognises that we provide the highest level of care and service to our clients.

We have seven comfortable private treatment rooms arranged over three floors ~ including one on the ground floor, for those clients unable to use the stairs.

In addition, we have shower facilities, a welcoming reception area and a gorgeous salon shop full of your favourite Clarins products & gift sets.

Whether you are visiting us for skin, body or nail treatments, or for one of our range of complementary therapies, our aim is to give you the most professional treatments available, in a relaxed and nurturing atmosphere. Our team of highly experienced and skilled therapists are here to help you resolve any of your beauty concerns, or indeed just to give you that little bit of pampering you undoubtedly deserve.

You are very welcome to call in to discuss treatments or products, or to have a confidential consultation before you decide on which treatment you would like to book for yourself, or to buy as a gift for someone else.



# **FACE**

### PROFESSIONAL CLARINS TREATMENTS

Expertise you can feel, and results you can see. Plant enriched formulas combined with the unique 'Clarins Touch', with every inch of focus on optimising results and enhancing your personal sensory experience.

For most of our Clarins treatments, we offer therapeutic add-ons, to give an even greater level of relaxation; choose from a Back Massage, Foot & Hand Massage, or Scalp & Neck Massage 20 mins £22

BESPOKE SKIN EXPERT FACIALS Booking time 1hr 30 £72 Targeted treatments designed to address *your* skin's needs. With this in mind, please note that your therapist may recommend a different treatment variation than the one you have booked.

 $\textbf{Youth Expert} \ | \ \textbf{The ultimate youth boost to firm skin \& smooth lines}.$ 

**Power Hydrator** | Relieves tightness, restores comfort and radiance.

Anti-Blemish Rescue | Purifying and re-balancing perfect for oily or combination skin.

**Radiance Booster** | Refreshes luminosity for lacklustre skin.

**Skin Soother** | Calms and soothes for strengthened, radiant skin.

#### ULTRA RELAXING FACIAL

Booking time 1hr £58

A deeply relaxing facial to soothe the soul and re-balance the skin. Essential oils calm and release tension in the skin and mind.

### **DETOX & GLOW**

Booking time 45mins £45

A reviving mini facial to promote skin health and radiance. Ideal as an introduction to skincare for younger clients.





# CACI NON-SURGICAL FACE & EYE LIFTS

With unparalleled results and a wide celebrity following, CACI treatments help to reverse and delay the signs of ageing by gently tightening and toning the muscles of the face and neck, whilst smoothing the appearance of fine lines and wrinkles. Just a single treatment alone is beneficial, but we recommend an initial course of 10 treatments to fully re-educate the facial muscles, followed by a maintenance treatment approximately every 4 weeks.

CACI Synergy is an additional treatment that you can choose to incorporate into most of our CACI treatments. Synergy simultaneously delivers LED light, giving an even greater boost to collagen production, cell renewal, skin tone & muscle firming.

DELUXE CACI TREATMENT 2hrs £117 | with Synergy £124

Course of 10 £1050 | with Synergy £1115

Combining skin-perfecting Microdermabrasion with the Ultimate non-surgical face lift, smoothing CACI Wrinkle Comb and the Hydratone mask for full face rejuvenation – an amazing uplifting treatment before a special event.

ULTIMATE CACI FACE LIFT 1hr 30 £75 | with Synergy £89

Course of 10 £675 | with Synergy £795

All the benefits of our CACI non surgical facelift plus additional jowl lift technology, and the Hydratone mask for full face replenishment.

CACI FACE LIFT

1hr 15 £59 | with Synergy £67

Course of 10 £530 | with Synergy £600

A full facial lift that improves contours and gives your skin a gorgeous youthful glow. Regular treatments can actively slow the ageing process.

CACLEYE LIFT

1hr £49 | with Synergy £56

Course of 10 £440 | with Synergy £499

Focused lifting and toning of the eye area leaving your eyes opened and restored. Includes specialist eye serums and eye mask to drain and brighten the area.

CACI JOWL LIFT

1hr £49 | with Synergy £56

Course of 10 £440 | with Synergy £499

Intense lifting of the lower face improves contours and jaw tone. Includes to Hydratone mask for full skin replenishment.

#### CACI MICRODERMABRASION

30 mins £34

Course of 5 treatments £150

Exfoliates the outer layer of the skin, gently removing tired or dead cells, improving cell turnover, brightening skin and smoothing lines.



# BODY

#### CLARINS TOP-TO-TOE WELLNESS TREATMENTS

Booking time 1hr 30 £76

Energising, de-stressing and relaxing, this choice of two professional Clarins treatments work on your face and body to promote wellbeing and bring you back into balance.

**Beauty Sleep** | Blissful products and masterful massage movements create a deep sense of calm. Stress is diminished and skin is soothed, nourished and refreshed.

**Energy Booster** | A vitality boosting treatment to re-balance body and mind. Energising massage techniques enhance your mood and bring radiance to the skin.

#### CLARINS BODY EXPERT TREATMENTS

Booking time 1hr 30 £69

**Body Sculpt** | De-toxifying and firming massage treatment to drain and smooth. This treatment tightens and brightens to leave you feeling body confident. Personalised to work on your concerns.

**Body Renew** | Detoxifying exfoliation to renew skin, followed by a deeply hydrating effleurage application of aromatic lotion for smooth hydrated skin. You'll leave feeling refreshed and energised every time.

Take the opportunity to release further tension from your body, with a therapeutic treatment add-on; choose from a Back Massage, Foot & Hand Massage, or Scalp & Neck Massage 20 mins £22

# SHRINKING VIOLET DETOXING BODY WRAP 1hr 30 £69

Course of 6 treatments £380

A real boost before a big night out or special event, as a quick fix to look leaner. Detoxifying oils are smoothed over the body before you are wrapped and ready to relax whilst enjoying a complimentary mini facial or hand & foot massage. A perfect way to temporarily lose those inches. Treatment effects last for 72 hours.







# MASSAGE

Our massage treatments are designed to deliver an unrivalled sensory experience. Blissful aromas of Clarins' plant-enriched oils, work in harmony with expertly perfected massage techniques customised to your needs, and guaranteed to ease muscle tension and fatigue. Treatments that are relaxing and restorative to both body and mind.

FULL BODY MASSAGE Booking time 1hr 15 £59

TENSION EASE BACK, NECK & SHOULDER MASSAGE

Booking time 45 mins £41

**BACK, NECK & SHOULDER MASSAGE** 

Booking time 30 mins **£31** 

TIRED FEET & LEGS MASSAGE Booking time 30 mins £30

### **CLARINS HOT STONE MASSAGE**

Warm Basalt stones help relieve tension and boost well being as they are expertly combined with massage and blissful aromatic oils.

**Full Body** | Booking time 1hr 15 £69

Back, Neck & Shoulder | Booking time 45mins £48

INDIAN HEAD MASSAGE Booking time 45mins £45

Based on ancient massage therapy to relax tight muscles and increase joint mobility in the head, neck and shoulders. Tensions are released leaving you energised and clear headed.

#### CLARINS MOTHER-TO-BE PREGNANCY MASSAGE

Booking time 1hr 30 £75

*Suitable after 12 weeks of pregnancy.* A specially-created nourishing full body treatment to help boost energy levels, release tension and reduce any heaviness in the legs. Carried out with full attention on comfort and support for you and your baby.

# PAMPER PACKAGES

All of us benefit from taking time out. Our pamper packages are a oncein-a-while self-care treat that we all deserve. With that in mind, they also make a perfect gift for someone special who might not otherwise get around to indulging themselves with some proper me-time.

#### REVIVING PAMPER PACKAGE

2hrs 15 £105

A super relaxing (or invigorating) back, neck and shoulder massage; Detox and Glow Clarins facial; a manicure or pedicure; and a Clarins product home-care bag to take away. Morning coffee or afternoon tea & biscuits are also included.

## **RELAX & REJUVENATE PACKAGE**

3hrs 45 £155

A whole morning or afternoon in our nurturing hands. Clarins Expert Facial, Back, Neck & Shoulder Massage, followed by a manicure and a pedicure, and a Clarins product home-care bag to take away. Morning coffee or afternoon tea & biscuits are also included. comfort and support for you and your baby.



# TANNING

Treatments to deliver a beautiful sun kissed effect for special occasions or pre holiday. Perfected application techniques and high quality products ensures even coverage and a natural colour suitable for all skin tones.

#### **CLARINS SUMMER GLOW**

1hr 15 £58

Exfoliation and manual application of self tan products using Clarins self tanning lotion for a radiant hydrated glow.

Full Body | 1hr 15 £58

Full Legs | 30mins £29





# **BROWS & LASHES**

All brow shaping will involve a brief consultation to determine the shape you would like and/or that is best suited to your face shape. We will then use wax, tweezers, or a combination of both, to achieve the desired result. \*Please note, you will be required to have a patch test 48hrs prior to your first tinting, lifting, extension or lamination treatment.

EYEBROW SHAPING	15mins £16.50
EYEBROW TINT & TIDY*	15mins £16.50
EYEBROW TINT & SHAPE*	30mins <b>£24</b>
EYELASH TINT*	30mins <b>£22</b>
EYELASH TINT & EYEBROW TINT*	30mins <b>£27</b>

EYELASH TINT & EYEBROW SHAPE\* 45mins £33
EYELASH TINT & EYEBROW TINT & SHAPE\* 45mins £37

EYELASH LIFTING\* 1hr 15 £59

Lashes are lifted, volumised and tinted, opening up the eyes and giving the appearance of additional length. Includes eyebrow tint and tidy. Results last 8 weeks.

## EYELASH EXTENSIONS\*

A professional AH Francis treatment; individual lash extensions are applied to your natural lashes, enhancing their length and fullness. We recommend a maintenance infill after three weeks.

Full Set of Extensions	2hrs <b>£60</b>
Maintenance Infills   3 Weeks	1hr 30 <b>£43</b>
Full Hybrids Set	2hrs <b>£65</b>
Maintenance Infills   3 Weeks	1hr 30 <b>£45</b>
Full Volume/Russians   Maintenance Infills   3 Weeks	2hrs <b>£70</b> 1hr 30 <b>£45</b>
Extension Removal   For all lashes	30mins £16

#### **BROW LAMINATION\***

30mins £32

Brows are volumised and fixed into place, creating a fuller and more defined look that lasts for 4 - 6 weeks

Brow Lamination with Brow Tint & Shape

1hr £45

# HANDS & FEET

#### MANICURES & PEDICURES

Using aromatic Clarins and professional Bio Sculpture Spa products.

LUXURY MANICURE 1hr £44 | French polish 1hr 15 £47 Hand and arm exfoliation, full manicure, and hand masque with heated mitten treatment for deep nourishment and polish application. Includes feet & lower leg massage.

CLASSIC MANICURE 45mins £32 | French polish 1hr £35.50 Hand exfoliation, nail shaping, cuticle work, massage & polish.

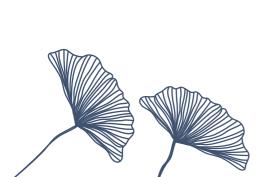
MINI MANICURE 30mins £24.50 | French polish 45mins £28 Nail shaping, cuticle tidy & polish application.

LUXURY PEDICURE 1hr 15 £51 | French polish 1hr 30 £54 Feet & lower leg exfoliation, full pedicure, foot masque with heated bootie treatment for skin rejuvenation, and polish application. Includes hand & arm massage.

CLASSIC PEDICURE 1hr £37 | French polish 1hr 15 £41 Exfoliation of your feet, hard skin removal, nail shaping, cuticle maintenance, massage, and polish.

CLASSIC PEDICURE (No Polish) 45mins £30 Exfoliation of your feet, hard skin removal, nail shaping, cuticle maintenance, massage.

MINI PEDICURE 30mins £24.50 | French polish 45mins £28 Nail shaping, cuticle tidy, hard skin buffing, and polish application.





## GEL POLISH APPLICATION

Long-lasting non-chip professional BioSculpture nail gel colour. Cuticles are tidied and nails are shaped before the gel is applied.

GEL POLISH ON HANDS 1hr £37.50 | French polish 1hr 15 £43

GEL POLISH WITH BIOSCULPTURE TIPS 1hr 30 £50

French polish 1hr 45 £55

£.5

Add length & strength to your shorter or broken nails, with individual full-cover glue-free tips that simply soak off with your gel polish at the end of their 2 week wear. Ideal for a special event. from £2.

Individual tips added to a Gel Polish treatment

GEL POLISH ON FEET 45mins £31 | French polish 1hr £36

GEL POLISH PEDICURE 1hr 15 £49 | French polish 1hr 30 £54 A Classic Pedicure with gel polish. includes feet exfoliation, hard skin removal, and massage.

GEL POLISH REMOVAL & RE-POLISH

Hands | 1hr 15 £44 | French polish 1hr 15 £48 1hr £37.50 | French polish 1hr 15 £42.50 Feet |

GEL POLISH REMOVAL & NAIL TREATMENT 30mins £17.50 Careful removal, nail shaping and cuticle work, with conditioning products applied.

GEL POLISH REMOVAL | Hands or feet

Professional removal (takes place in our downstairs room with one of our qualified receptionists.)



# HAIR REMOVAL

## WAXING

Unwanted hair is removed using organic cream or hot wax. Booking times will vary depending on the areas being treated.

FULL LEG	£36
FULL LEG & BIKINI LINE	£41.50
FULL LEG & HIGH-CUT BIKINI LINE	£45.25
FULL LEG & BRAZILIAN	£56
FULL LEG & HOLLYWOOD	£60
THREE QUARTER LEG	£32
HALF LEG	£27.50
HALF LEG & BIKINI OR UNDERARM	£34
HALF LEG & HIGH-CUT BIKINI LINE	£37
HALF LEG & BRAZILIAN	£48
HALF LEG & HOLLYWOOD	£52
BIKINI LINE	£17.50
HIGH-CUT BIKINI LINE	£21
BRAZILIAN	£35
HOLLYWOOD	£39.50
UNDERARM	£16
FOREARM	£22
EYEBROW	£16.50
UPPER LIP	£16
UPPER LIP & CHIN OR NOSTRILS	£20
UPPER LIP & EYEBROWS	£27
NOSTRILS	£12

## **THREADING**

For facial hair, and more delicate skin types.

EYEBROWS	£17.50
UPPER LIP	£17.50
CHIN	£17.50
UPPER LIP & CHIN	£23
UPPER LIP, CHIN & CHEEKS	£28

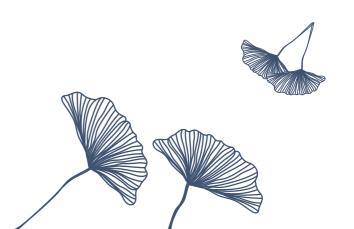




# **GROOMING FOR MEN**

Our male clients are of course welcome to have any of our listed treatments, but in addition we offer the following gentleman-specific services.

GENTLEMAN'S BACK WAX	30mins <b>£30</b>
GENTLEMAN'S CHEST WAX	30mins <b>£27</b>
GENTLEMAN'S BACK & CHEST WAX	45mins <b>£42</b>
GENTLEMAN'S MANICURE	45mins £30
GENTLEMAN'S PEDICURE	1hr £32





# MAKE-UP

### CLARINS PROFESSIONAL MAKE-UP

## ONE TO ONE MAKE-UP LESSON

1hr 15 £58

Stuck in a rut with your look, or just starting out  $\sim$  we can help and inspire you. You'll also receive a 10% discount on any Clarins cosmetics that you decide you'd like to purchase on the day.

**CLEANSE & MAKE-UP** 

1hr £41

#### WEDDING DAY MAKE-UP

from £110

Our wedding day services include a trial beforehand, and on the day make-up application at the salon. We are able to make home visits and/or location visits at an additional cost ~ please ask for details.



# EAR & NOSE PIERCING

We pierce your ear lobes, cartilage or nose using the safe, sterile and hypo-allergenic Safe Pierce system, and have a large selection of plain, jewelled and shaped studs to choose from. All piercings must remain in place for between 6 to 12 weeks depending on the location, until healed. Price includes jewellery & aftercare solution.

14 CARAT GOLD OR TITANIUM STUDS £65

GOLD PLATED OR PALLADIUM PLATED STUDS £55

SINGLE EAR PIERCING £31

NOSE PIERCING £60

We pierce your nose with a studded piercing post, and give you a spare. Your piercing should then be left in for 3 months to heal thoroughly, after which it can be replaced with a nose ring if you wish.





## **GIFT VOUCHERS**

Our gift vouchers make the perfect present. You can choose to give someone a specific treatment, a pamper package, or even a course of treatments for an extra special gift. Alternatively, you can choose any nominal amount for your recipient to spend on treatments or products of their choice.

### DELIVERY SERVICE

For a small charge, we offer a delivery service on all products & gift vouchers.

Please enquire in Salon, give us a call on 01935 816177 or email us at relax@margaretbalfour.co.uk.





# **OPENING TIMES**

MONDAY | 9~5.30PM

TUESDAY | 9~5.30PM

WEDNESDAY | 9~6PM

THURSDAY | 9~7PM

FRIDAY | 9~6PM

SATURDAY | 9~4PM

SWAN YARD, SHERBORNE, DT9 3AX 01935 816177

Email us at relax@margaretbalfour.co.uk

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